

COVID 19 RESOURCE GUIDE



Cabrillo Economic Development Corporation

This guide contains contact information you might find helpful at this time. It is not meant to be a comprehensive list, but a guide to where to find information.

FOOD RESOURCES



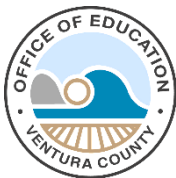
Ventura County Agency on Aging
646 County Square Dr. Unit 100,
Ventura, CA 93003
Phone: 805-477-7300
Website: vcaaa.org
Facebook: [@VCAAAA](https://www.facebook.com/VCAAAA)



FOOD Share of Ventura County
Phone: 805-983-7100
Website: foodshare.com
Facebook:
[@FoodShareofVenturaCounty](https://www.facebook.com/FoodShareofVenturaCounty)



Grocery Stores
Contact your local store for senior hours.



School Districts
Contact your school district for free breakfast and lunch for students.

CHILD CARE RESOURCES



Child Development Resources
Phone: 805-485-7878
Website: cdrv.org
Facebook: [@Child Development Resources of Ventura County, Inc.](https://www.facebook.com/ChildDevelopmentResourcesofVenturaCountyInc)

MENTAL HEALTH RESOURCES



Ventura County Behavioral Health
Crisis and referral Phone: 866-998-2243
Website: vcbh.org
Facebook: [@VCBehavioralHealth](https://www.facebook.com/VCBbehavioralHealth)



Suicide Prevention Lifeline
Hot Line: 800-273-8255
Website: suicidepreventionlifeline.org
Facebook: [@800273talk](https://www.facebook.com/800273talk)



Ventura County Behavioral Health Substance Abuse Services
Help Line: 844-385-9200
Website: vcbh.org/en/programs-services/substance-use-services



Interface Children & Family Services
Phone: 805-486-9405
Website: www.icfs.org
Facebook:
[@interfacechildrenandfamilysvcs](https://www.facebook.com/interfacechildrenandfamilysvcs)



V211 Ventura County
Phone: 211
Website: 211ventura.org



Wellnes Everyday
Website: wellnesseveryday.org
Facebook: [@WellnessEveryDayVC](https://www.facebook.com/WellnessEveryDayVC)



Free Clinic of Simi Valley
Phone: 800-273-8255 or Text HOME to 741741
Website: freeclinicsv.com
Facebook: [@freeclinicsv](https://www.facebook.com/freeclinicsv)

TRANSPORTATION RESOURCES



Ventura County
Transportation Commission
Phone: 800-438-1112
Website: goventura.org
Facebook: [@GoVCTC](https://www.facebook.com/GoVCTC)



Gold Coast Transit
Phone: 805-487-4222
Website: goldcoasttransit.org
Facebook: [@gctransit](https://www.facebook.com/gctransit)

ADDITIONAL RESOURCES



Official Ventura County Incident Information
Source

Information Hot Line: 805-465-6650
Website: <https://www.vcemergency.com/>

UNEMPLOYMENT/SDI



Employment development
department
Website: edd.ca.gov
Facebook: [@californiaedd](https://www.facebook.com/californiaedd)

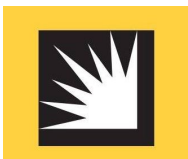
UTILITIES



Spectrum
Phone: 855-243-8892
Website: spectrum.com



The Gas Company
Phone: 800-427-2200
Website: socalgas.com/save-money-and-energy/assistance-programs/
Facebook: [@SoCalGas](https://www.facebook.com/SoCalGas)



Southern California Edison
Phone: 800-655-4555
Website: sce.com/billhelp
Facebook: [@sce](https://www.facebook.com/sce)